



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

Tuesday, February 6, 2024



Minister of State in the Ministry of National Security, the Hon. Juliet Cuthbert-Flynn (second right) converses with Chairman of the Department of Correctional Services Wellness Committee, Nadria Brown (second left) at the launch for the 15th staging of the DCS Wellness Committee Health Fairs today (February 6) at the St. Catherine Adult Correctional Centre Sports Club. Looking on are Rehabilitation Manager at the St. Catherine Adult Correctional Centre, Beverley Baugh and Corporal Glenford Francis from the Rio Cobre Juvenile Correctional Centre.

‘Fitness is a lifestyle-Live it!’- Minister Cuthbert-Flynn

“Fitness is a lifestyle, Live it!” is the call by Minister of State in the Ministry of National Security, the Hon. Juliet Cuthbert-Flynn to members of staff at the Department of Correctional Services (DCS).

The State Minister was speaking at the launch for the 15th staging of the DCS Wellness Committee Health Fairs on Tuesday (February 6) at the St. Catherine Adult Correctional Centre Sports Club.

“We recognise that the men and women who serve in our department face unique challenges, and maintaining good health is a fundamental aspect of ensuring you all can navigate these challenges with strength and vigour,” she explained.



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Minister Cuthbert-Flynn noted that the work environment of the DCS is challenging as it demands dedication, resilience and a positive mindset.

“This initiative, with an emphasis on promoting healthy lifestyle practices and providing avenues for crucial medical screenings, underscores a strong commitment to the holistic health of the entire DCS family,” she expressed.

The State Minister further emphasised that the government is committed to prioritising the health and wellness of the DCS staff. She noted that the amendments to the National Corrections Service Policy further highlight this commitment.

“It is for this reason that the National Corrections Service Policy (NCSP) includes making health and fitness programmes mandatory. The continued development of psychosocial programmes and periodic ‘fit and proper’ assessments are also included in the NCSP to further encourage the wellness of all correctional officers,” Minister Cuthbert-Flynn stated.

Minister Cuthbert-Flynn noted that the health and wellness of any team must make it more resilient and effective.

“I am confident that by prioritising wellness, we are not only investing in the health of individuals but also in the overall resilience of the Department of Correctional Services,” she said.

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